



**HEADQUARTERS NEW JERSEY ARMY AND AIR NATIONAL GUARD
NEW JERSEY DEPARTMENT OF MILITARY AND VETERANS AFFAIRS**

3650 SAYLORS POND ROAD
FORT DIX, NEW JERSEY 08640-7600

ARMY BULLETIN NO. 41

3 October 2002

MASTER FITNESS TRAINERS (MFT)

1. The individuals listed below are Army Master Fitness Trainers. These individuals may be AGR, technician or TDG and are located throughout the state. They are school trained to assist, train and evaluate personnel in the NJARNG. Their assistance can be invaluable in association with training for and passing the Army Physical Fitness Test (APFT), but they can also provide information and instruction to members of the NJARNG concerning individual health and well being issues.
2. You are encouraged to contact any of these individuals to provide you the health and physical guidance they are trained to provide for you.
3. If you have previously failed, nearly failed or needed to take a Diagnostic APFT, you should take it upon yourself to contact one of these individuals to assist you in preparing for a more healthful lifestyle and for the APFT. Preparing for and passing the APFT is a personal responsibility and a condition of employment.

<i>NAME</i>	<i>RK</i>	<i>STATUS</i>	<i>UNIT</i>	<i>LOCATION</i>
ARNOLD CHARLES	MSG	AGR	DET 4 STARC (R&R)	Ft. Dix
BASILE ANTHONY	MSG	AGR	HQ 254TH	Sea Girt
CARTY RICHARD	SFC	TECH	CO B 250 TH (FWD)	Bordentown
CHIMIENTI NICHOLAS	LTC	AGR	HQ STARC NJARNG	Ft. Dix
CORMIER MICHAEL	SFC	AGR	DET 4 STARC (R&R)	Ft. Dix
COUSELO JOSE	SSG	AGR	HHB 3D BN 112TH FA	Morristown
CUFF ROBERT	MSG	AGR	HHC 2D BN 113TH INF	Riverdale
CURVING AL	CW5	AGR	HQ STARC	Ft. Dix
DINAPOLI JOHN	LTC	TDG	HHC 1ST BN 150TH AVN	West Trenton
FERRARI STEVEN	LTC	AGR	HHB 3D BN 112TH FA	Ft. Dix
FEST GEORGE	CPT	AGR	HHC 50TH BDE 42D ID	Ft. Dix
GRANT JAMES	LTC	TDG		Sea Girt
KRISANITS JOSEPH	MSG	AGR	T3BL	Ft. Dix
LUCAS KENNETH	SFC	TECH	CO C 50TH SPT BN (MAIN)	West Orange
MAJKOWSKI MARK	MAJ	AGR	HQ STARC NJARNG	Ft. Dix
MASKERY TIMOTHY	MSG	AGR	T3BL	Ft. Dix
MATREALE FRANCIS	MAJ	AGR	HHT 5/117TH CAV	Vineland
MCKINNEY KEITH	SFC	AGR	HHC 42ND INF DISCOM	Somerset
MERRIN LEE	MAJ	TECH		
MILLIKEN KENT	LTC	AGR	HQ STARC NJARNG	Ft. Dix
OCONNOR TERENCE	SFC	TDG	2 ND BN 254TH REGT(GS)	
PITERSKI MARK	MAJ	AGR	HHD 50TH SPT BN (MAIN)	Teaneck

<i><u>NAME</u></i>	<i><u>RK</u></i>	<i><u>STATUS</u></i>	<i><u>UNIT</u></i>	<i><u>LOCATION</u></i>
POLLARD KEVIN	MSG	TDG	HQ STARC NJARNG	Ft. Dix
ROUNSAVILLE ROBERT	1SG	TDG	TRP A 5/117TH CAV	Dover
SCHAMBER JOHN	SGM	AGR	HHC 50TH BDE	Ft. Dix
SENECA DENNIS	SFC	AGR	HHC 250TH SIG BN	Cherry Hill
SLACHETKA MARK	SGM	AGR	HHC 42ND INF DISCOM	Somerset
SLAVIN EDWARD	COL	AGR	DET 4 STARC (R&R)	Ft. Dix
STILLWAGON DAVID	SFC	AGR	DET 4 STARC (R&R)	Ft. Dix
STOKLEY KEITH	1SG	TDG	CO D 1ST BN 114TH INF	Freehold
VANDERCLUTE RICHARD	1SG	TDG	63D ARMY BAND	
ZELENSKI MICHAEL	MSG	AGR	HQ STARC NJARNG	Ft. Dix
ZUBICK NORMAN	MSG	AGR	HHB 3D BN 112TH FA	Morristown

OFFICIAL:

GLENN K. RIETH
Brigadier General, NJARNG
The Adjutant General



FRANK. R. CARLINI
COL, GS, NJARNG
Chief of Staff